

STUDENT ACTIVITY PACK

Sharing content and being 'Share A.W.A.R.E' Years 7–10

Content Warning:

The content in this lesson plan discusses topics relating to online abuse. If you feel the information is distressing in any way, please let your teacher know. Some of the content may be confronting, so talk with your teacher about support or report options.



LEARNING GOALS

To provide students with practical skills to ensure the safety of themselves and others by encouraging critical thinking when sharing personal content and interacting online to prevent online abuse.

- 1 Students expand their awareness regarding their online safety and how it links to their day to day life and apply this to their online interactions.
- 2 Students are able to carefully consider the content of messages to determine the legal and ethical implications prior to sending.
- 3 Students apply actionable steps to ensure their online safety and know where to go for help if something goes wrong.



Approximately 40 minutes

LESSON PLAN SEQUENCE

- Introduction, ThinkUKnow tips and Did you know?
- 2 Overview of Share A.W.A.R.E approach
- Scenario activity questions
- 4 Summary question
- 5 Concluding activity

1. INTRODUCTION



Think about a time you sent something you felt a little unsure or nervous about, and the thinking process for your decision. Did anything happen after posting or sending? Would you do it again?

Note: There are no right or wrong answers, we just want to get you thinking.

THINKUKNOW'S TIPS

- 1 Always think before you post
- 2 Make use of privacy settings to control who sees your information
- 3 Clean up your social media accounts and remove anything that gives away too much information.

It is not the end of the world if you have shared something you wish you hadn't. Take action to rectify the situation, such as deleting the content and seeking further help and support.

DID YOU KNOW?

In 2019, the Australian Centre to Counter Child Exploitation (ACCCE) commissioned market research into community attitudes and perceptions of online child sexual exploitation¹.

A literature review suggested that children and young people engage in a number of high risk behaviours online which could compromise their online safety and increase their vulnerability.

These activities included:

- Sexting among young people aged 14-17 years, nearly one in three reported having some experience with sexting².
- Privacy 31 percent of young people who used social media had not managed their social presence (privacy settings) at all³.
- Talking to strangers 38 percent of young people aged 8-17 had talked to strangers online. Contact was nearly twice as high for those aged 13-17 years⁴.



¹ https://www.accce.gov.au/ data/assets/pdf_file/0018/60246/ACCCE_Research-Report_OCE.pdf

^{2 &}lt;u>https://www.esafety.gov.au/sites/default/files/2019-07/Young%20people%20and%20sexting-netsafe-UK%20Safer%20Internet%20</u> <u>Centre-Plymoth%20University-eSafety%20Commissioner.pdf</u>

³ https://www.esafety.gov.au/sites/default/files/2019-10/State%20of%20Play%20-%20Youth%20kids%20and%20digital%20 dangers.pdf

⁴ Ibid

2. OVERVIEW OF SHARE A.W.A.R.E APPROACH

We all like sharing content online like messages, photos, videos etc. But just because we can share everything and anything, doesn't mean we always should. Certain things shouldn't be shared but sometimes it can be hard to work out what is and isn't okay.

One way to help with checking whether you should be sharing something online, is to be Share A.W.A.R.E.

This an acronym designed to help you work through a series of steps when thinking and deciding whether or to not post.

Appropriate:	You need to consider if what you are about to share is APPROPRIATE . Is the content suitable to be shared online? Is it illegal?
WHO:	WHO could see what you share? Are you sharing it just to your real friends and family or could anyone see it?
ACCURATE:	Is what you are about to share ACCURATE ? Is it real and true or is it a rumour, fake or pretend?
RESPECTFUL:	Is your post RESPECTFUL ? Will someone be hurt or upset by what you share?
ENVIRONMENT:	Think about the ENVIRONMENT of the post you are about to share. Is it a photo with a background that may indicate your location, or you school or home address? Is it from a confidential or private conversation?





3. SCENARIO ACTIVIY AND QUESTIONS – BEING SHARE A.WA.R.E

Consider this scenario:

Sophie and her friends have been making fun videos and sending them to each other over a new app. Sophie's videos are really popular and she has been gaining a lot of followers, some she knows and other she doesn't, her profile is public. Sophie came across a video circulating at school of another student that Sophie suspected was personal content and not meant for others to see. Sophie knew this person but thought the video was kind of funny and showed her friends and they all laughed about it. Sophie's friends are pressuring Sophie to share the video and Sophie seems to be going along with it – it might be funny to share the video with her followers even though she knows this video was probably not meant to be shared. Sharing the video might also help Sophie increase her followers.

What should Sophie do? Help Sophie decide by going through the Share A.W.A.R.E checklist.

For this activity, use the printable resource (A.W.A.R.E) (at the end of this activity pack) or create your own by spelling out the acronym A.W.A.R.E. on a blank page starting a new line for each letter leaving a couple of lines between each. Apply the Share A.W.A.R.E questions above to Sophie' scenario. Write a short sentence answering each question - it needs to be more than a yes or no answer.

For example: A for APPROPRIATE: Help Sophie consider if what she is about to share is APPROPRIATE. Is the content suitable to be shared online? Is it illegal? Why or why not?





4. SUMMARY QUESTION

After you have addressed each letter/question write down whether you think Sophie and her friends were being Share A.W.A.R.E.

5. CONCLUDING ACTIVITY

Now that you have had some practice using the Share A.W.A.R.E thinking, think back to a time where you shared something you weren't sure about at the start of the lesson.

Do you still think you should have shared it? If yes, great news! If no, can you do something now to make it better? If it is an image you shared or posted of yourself or someone else, maybe take it down. If you messaged someone something that was inappropriate you could apologise and ask them to delete it?

If someone isn't respecting your privacy or wishes you may need to ask someone for help or talk to a trusted adult, like your parents or teachers.

Assessment

Send your Share A.W.A.R.E questions and answers regarding Sophie and her friends back to your teacher. They just want to make sure you are thinking about these things before sharing content online and can offer further advice if you need it.

HELP AND SUPPORT



Online child sexual exploitation, including grooming and extortion, can be reported to the **Australian Centre to Counter Child Exploitation**.

The **ThinkUKnow** website has information and resources to prevent online child sexual exploitation as well as how to report and get help.

If you become aware of explicit content that has been posted online, including child sexual abuse material, report the site to the **eSafety Commissioner**. They have a range of powers to take action to have content removed.

Kids Helpline is a free, confidential telephone and online counselling service for young people between 5 and 25 years old.

If a child is in immediate danger, call 000.

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